ARRUPE UNIVERSITY COURSE (ACUNI)

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ACUNI 101 First Year Seminar (1 Credit Hour)

This course introduces students to college life, especially that of an Arrupe student. The course focuses on Ignatian spirituality, community building, goal setting and attainment, academic success strategies, and task initiation.

Course equivalencies: UNIV101 / ACUNI 101

ACUNI 102 Academic Success Strategies (1 Credit Hour)

Designed to strengthen students' academic skills so that they can become more effective learners. By completing class readings and participating in class discussions and activities, students will learn and practice relevant and productive study strategies. Additionally, students will reflect on the motivations, achievements, and obstacles they encounter while working to become more successful students. *Outcomes:*

Time management, motivation maintenance, study skills, and college resources

ACUNI 103 Career Exploration and Attainment (0 Credit Hours)

This course focuses on career exploration, development, and attainment. Students will identify their professional aptitudes and interests, develop their professional network, and hone their interviewing skills. *Outcomes:*

1) Identify and evaluate career options based on aptitude and interests; 2) Identify and prioritize short-term and long-term steps for pursuing one or more careers of interest; 3) Use standard resume format; select and describe relevant educational, employment, and extracurricular experiences to demonstrate suitability for a specific position; 4) Develop an elevator pitch; 5) Use the STAR method to answer interview questions (STAR = Situation; Task; Action; Result)

ACUNI 104 College Transfer Seminar (0 Credit Hours)

This course is designed to help prepare first year students in identifying appropriate transfer institutions to apply to in the following fall and spring.

Outcomes:

Students will identify transfer institutions; understand direct and indirect costs of attending college; prepare their transfer applications; identify support services at the senior institution

ACUNI 201 A Journey in the Spirit of Ignatius (1 Credit Hour)

The purpose of the sophomore seminar is to provide students with the opportunity to utilize Ignatian values and reflective practices to identify their values, accomplishments and future personal, academic and or professional goals. Restricted to Arrupe Sophomores. *Outcomes:*

Students will reflect upon how Ignatian values connect to their personal experiences and how they see themselves becoming persons for others