

# CLINICAL MENTAL HEALTH COUNSELING (EDS)

The education field needs professionals who can meet client concerns from diverse cultural perspectives. The EdS degree in Clinical Mental Health Counseling prepares professionals who are knowledgeable about cultural influences on human development.

As of Fall 2023, students who wish to pursue this degree should apply to the M.Ed. in Community Counseling (<https://catalog.luc.edu/graduate-professional/education/community-counseling-med/>).

## CURRICULUM

Completion of the EdS degree program requires 60 semester hours of graduate study focused in two major areas: (1) counseling core and (2) specialty area. This includes 1,000 clock hours of practicum and internship experience (taken for nine semester hours of credit). Students must also take and pass a written comprehensive examination during their final semester of study. There is no thesis requirement.

For more information about the following items, please refer to the Counseling Student Handbook 2023-2024 ([https://catalog.luc.edu/graduate-professional/education/counseling-psychology/clinical-mental-health-counseling-eds/2023\\_MASTERSHANDBOOK\\_CPSY.pdf](https://catalog.luc.edu/graduate-professional/education/counseling-psychology/clinical-mental-health-counseling-eds/2023_MASTERSHANDBOOK_CPSY.pdf)).

## COURSEWORK

Code	Title	Hours
<b>Counseling Core</b>		
CPSY 420	Counseling Skills	3
CPSY 421	Professional Issues Counseling	3
CPSY 423	Theory Counseling & Psychotherapy	3
CPSY 424	Career Development & Counseling	3
CPSY 425	Assessment in Counseling	3
CPSY 426	Group Counseling: Theory and Practice	3
CPSY 433	Multicultural Counseling	3
CPSY 454	Human Development: Cognitive, Aff & Phys Bases	3
RMTD 400	Introduction to Research Methodology	3
<b>Specialty Area</b>		
CPSY 427	Clinical Mental Health Counseling	3
CPSY 437	Addiction Counseling	3
CPSY 444	Family Therapy I	3
CPSY 527	Prevention, Advocacy, and Outreach: Community-Based	3
CPSY 528	Clinical Appraisal and Treatment Planning	3
CPSY 532	Advanced Theories in Psychotherapy	3
CPSY 535	Seminar in Supervision & Consultation	3
<b>Clinical Experiences</b>		
CPSY 440	Practicum	3
CPSY 441	Internship (taken twice)	3
<b>Elective</b>		<b>3</b>
<b>Total Hours</b>		<b>60</b>

## Elective Courses

The below are suggested electives. Electives should be chosen to fashion a personal curriculum that fits with your professional interests. Electives

can be taken in any University department (e.g., Psychology, Social Work, etc.) or program (e.g., Higher Education, School Psychology, Research Methodology, etc.).

Code	Title	Hours
CPSY 431	Advanced School Counseling & Consultation	3
CPSY 435	Selected Topics in Counseling	3
CPSY 445	Family Therapy II	3
CPSY 446	Marital/Couples Therapy	3
CPSY 458	Adolescent Development and Counseling	3
CPSY 482	Personality and Intellectual Assessment	3
RMTD 404	Introduction to Educational Statistics	3
RMTD 406	Educational Evaluation	3

## Suggested Sequence of Courses

Course	Title	Hours
<b>Year One</b>		
<b>Fall</b>		
CPSY 420	Counseling Skills	3
CPSY 424	Career Development & Counseling	3
CPSY 433	Multicultural Counseling	3
CPSY 454	Human Development: Cognitive, Aff & Phys Bases	3
<b>Hours</b>		<b>12</b>
<b>Spring</b>		
CPSY 421	Professional Issues Counseling	3
CPSY 423	Theory Counseling & Psychotherapy	3
CPSY 427	Clinical Mental Health Counseling	3
CPSY 528	Clinical Appraisal and Treatment Planning	3
<b>Hours</b>		<b>12</b>
<b>Summer</b>		
CPSY 425	Assessment in Counseling	3
CPSY 426	Group Counseling: Theory and Practice	3
CPSY 437	Addiction Counseling	3
CPSY 444	Family Therapy I	3
<b>Hours</b>		<b>12</b>
<b>Year Two</b>		
<b>Fall</b>		
CPSY 440	Practicum	3
CPSY 532	Advanced Theories in Psychotherapy	3
RMTD 400	Introduction to Research Methodology	3
<b>Hours</b>		<b>9</b>
<b>Spring</b>		
CPSY 441	Internship	3
CPSY 527	Prevention, Advocacy, and Outreach: Community-Based	3
CPSY 535	Seminar in Supervision & Consultation	3
<b>Hours</b>		<b>9</b>
<b>Summer</b>		
CPSY 441	Internship	3
<b>Hours</b>		<b>6</b>
<b>Total Hours</b>		<b>60</b>

## Comprehensive Assessment

Comprehensive proctored examination is required. See program handbook for details. Comprehensive examination deadlines for the Spring Exam is December 1. See School of Education Academic Calendar for comprehensive exam dates.

## Licensure

Graduates of this program are eligible to apply for licensing as a Licensed Professional Counselor (LPC) in Illinois upon graduation. Graduates are then subsequently eligible to apply for licensing as a Licensed Clinical Professional Counselor (LCPC) in Illinois after receiving two years of post-degree supervised experience.

The curriculum of the EdS program meets current requirements for licensure in the State of Illinois. Licensure is handled by individual states, and portability of licensure across state lines differs according to each state. The EdS may meet requirements for states whose licensure requires 60 hours.

The Department of Professional Regulation in the State of Illinois has adopted the certification exam developed and administered by the National Board of Certified Counselors. Many states use this exam for licensure purposes, so scores from the exam may be transferred. Coursework, including the number of hours required, differ across states. Students interested in completing licensure or certification in another state are must consult the professional regulation boards of other states to determine the appropriate course work required. Students should also stay apprised of licensure requirements throughout the program.

## Practicum Sites

The Chicagoland area provides a wealth of clinical training opportunities for the students in community, school, and clinical mental health counseling programs. Students receive generalist training but through site selection can begin to acquire population-specific competencies in working with children, adolescents, families, gay/lesbian/bisexual clients, and other groups of individuals. Many of the practicum sites also contain APA-approved internship programs where trainees are provided with rigorous supervision and on-site seminars.

To discuss typical practicum settings and sites in Chicago and its suburbs, please contact Rufus Gonzales, Practicum Coordinator, at 312.915.6378

## Graduate & Professional Standards and Regulations

Students in graduate and professional programs can find their Academic Policies in Graduate and Professional Academic Standards and Regulations (<https://catalog.luc.edu/academic-standards-regulations/graduate-professional/>) under their school. Any additional University Policies supercede school policies.

## LEARNING OUTCOMES

1. Understand the knowledge bases of the counseling professions.
2. Capable of applying the knowledge base of their disciplines in an ethical, reflective, and culturally-responsive manner.
3. Evaluate research, appreciate the contribution of empirical inquiry to the solution of applied problems, and apply research findings to their practices.
4. Knowledgeable of the social-cultural contexts of human development.

5. Evaluate the outcomes of their interventions with empirically sound methods
6. Participate in continuing professional education and supervision in their future professional lives and who involve themselves in activities of their professional associations.
7. Committed to social justice in scientific and practice settings.

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