

# DIVINITY WITH A CONCENTRATION IN SPIRITUAL DIRECTION (MDIV)

## Curriculum

Master of Divinity Curriculum (<https://catalog.luc.edu/graduate-professional/institute-pastoral-studies/general-two-concentrations-mdiv/#curriculumtext>)

Curriculum Planning Worksheet (p. 2)

The IPS Master of Divinity (M.Div.) offers a unique Spiritual Direction concentration to provide students the opportunity to focus their formation on acquiring the theoretical and practical skills they need to provide spiritual direction, where they will accompany others with their spiritual development and relationship with God. Spiritual directors walk alongside each person on his or her spiritual journey, accompanying individuals as they become more fully realized spiritual beings. Students also have the unique opportunity to learn to direct and use the Spiritual Exercises of Ignatius of Loyola in and for spiritual direction, offering spiritual accompaniment framed by and infused with the Jesuit perspective and values.

The M.Div. degree is a 72-credit-hour (24-course) degree program that builds on top of the Master of Arts in Pastoral Studies (MAPS) degree program. Course descriptions for several of the core courses below are described in the MAPS degree's core curriculum (<https://www.luc.edu/ips/degrees/pastoral-studies/ipscorecurriculum/>) section of this website.

All components of the M.Div. Spiritual Direction concentration, except for CPE, can be completed online or on-campus. Students can complete the CPE requirement at any ACPE accredited location (across the USA). Some courses are also available in the summer through the IPS Rome program.

## M.Div. – Spiritual Direction Concentration Curriculum

In sum, the curriculum requirements include:

- Coursework
- Contextual Education
- Clinical Pastoral Education (CPE)
- Mid-Point Review
- Spiritual Direction
- Final Integration Paper

### Coursework

#### Critical Understanding

Code	Title	Hours
<b>Context</b>		
IPS 555	Human Person and Psychological Development	3
IPS 532	Social Context of Ministry	3
<b>Scripture</b>		
IPS 417	Introduction to the Old Testament	3
IPS 416	Introduction to New Testament	3
Scripture Electives		3
<b>Ethics</b>		

IPS 553	Moral Theology and Christian Ethics	3
IPS 512	Ethics, Pastoral Counseling, and Spirituality	3
<b>Christian Living</b>		
IPS 541	Liturgy and Christian Sacraments	3
IPS 545	The Foundations of Christian Spirituality	3
IPS 403	Spiritual Paths in World Religions	3
IPS 572	Ignatian Spirituality	3
<b>Ministerial Practice</b>		
IPS 560	Liturgical Leadership	3
IPS 565	Pastoral Leadership	3
IPS 564	Foundations of Pastoral Care	3
IPS 501	Advanced Human Relation Skills	3
IPS 428	Introduction to Spirituality Praxis	3
IPS 429	Essentials of Spiritual Direction	3
Ministerial Practice Elective		3
<b>Total Hours</b>		<b>54</b>

## Contextual Education

2 courses, 6 credit hours

The Contextual Education requirement is adapted to enable students of the M.Div. Concentration in Spiritual Direction to acquire the practical skills for and experience of spiritual direction in learning interaction with their peers and under the supervision of an experienced spiritual director. Students have the unique opportunity to learn to direct and use the Spiritual Exercises of Ignatius of Loyola in and for spiritual direction. They also have the possibility of learning to practice spiritual direction in a spiritual tradition other than Ignatian (e.g., Carmelite, Benedictine, Franciscan, etc.) under the guidance of a trained coach/mentor. Suitable field learning settings may be found in the Chicago area, elsewhere in the United States or in other countries, upon approval by Dr. Dan Rhodes, Faculty Coordinator of Contextual Education.

- IPS 580 Contextual Education I
- IPS 581 Contextual Education II

## Clinical Pastoral Education

0 hours

Clinical Pastoral Education (CPE) (<https://www.luc.edu/ips/resources/cpe/>) is an interfaith method of theological education through which a student learns pastoral skills within a context of ministerial relationships to people and under the direct supervision of a certified pastoral supervisor. It provides a learning situation for a ministerial student in which they may develop awareness of the theological and psycho-social concerns of persons in crisis.

The CPE component is typically completed before the application to candidacy to address one key candidacy concern, namely, personal growth matters of self-awareness and self-reflection. The student uses material from the CPE report to support his or her candidacy. Students complete CPE units at any ACPE Accredited Center (<https://acpe.edu/education/cpe-students/>) and must concurrently register for IPS 530 Clinical Pastoral Care Registration, a zero credit registration course.

Candidacy is the process by which the IPS faculty exercises its responsibility to the church and other concerned publics by determining that the student has both the potential to satisfactorily complete this degree and a readiness to begin ministry.

### Spiritual Direction

Students must complete 4 semesters of spiritual direction. The 30-day or 30-week version of the *Spiritual Exercises of Ignatius of Loyola* will count for 2 semesters of personal spiritual direction, Spiritual\_Direction\_Confirmation\_Form ([https://www.luc.edu/media/lucedu/ips/pdfs/Spiritual\\_Direction\\_Confirmation\\_Form.pdf%20FormUpdate.pdf](https://www.luc.edu/media/lucedu/ips/pdfs/Spiritual_Direction_Confirmation_Form.pdf%20FormUpdate.pdf)).

### M.Div. Midpoint Review

When students reach the half-way point in their coursework, they begin preparing for contextual education. As part of this preparation process, students will also do a Midpoint Review. The student will write a brief statement (3-4 pages) on his or her "Vocational Identity, Vision, and Practice." This statement will first be approved by the Faculty Coordinator for Contextual Education. It will be submitted to the student's advisor, and the student and advisor will meet to discuss the statement and the student's progress toward the completion of the M.Div. program. Alternatively, if the advisor has concerns about the student's progress, further work may be requested to successfully complete this review (e.g., further units of CPE, spiritual direction, or pastoral counseling, re-taking courses in which one did not receive a grade of C or higher, etc.). Failure to successfully complete this review and/or any additional steps requested in this process may be grounds for dismissal from the program.

In addition, the statement will serve as a draft for this same section of the student's final integration project, and the comparison of the two drafts will ideally demonstrate the progress and growth the student has achieved through completing the final half of the M.Div. program. For guidelines on drafting this statement, see the relevant section of the M.Div. Integration Project Guidelines Integration Project (<https://www.luc.edu/ips/resources/procedures/#den124710>).

### Final Integration Project

Students complete the program with IPS 593 Integration Project, the zero-credit course that facilitates the completion of the Integration Project (<https://www.luc.edu/ips/resources/procedures/#den124710>), in their final year.

To learn more about the Spiritual Direction concentration, please fill out our request for information form (<https://www.luc.edu/ips/rfi/>) or attend an information session (<https://www.luc.edu/ips/admission/visit/>).

## Curriculum Planning Worksheet

### Master of Divinity - Spiritual Direction Concentration

72 Credits

Code	Title	Hours
<b>Context</b>		
IPS 555	Human Person and Psychological Development	3
IPS 532	Social Context of Ministry	3
<b>Scripture</b>		
IPS 417	Introduction to the Old Testament	3
IPS 416	Introduction to New Testament	3
	(Scripture Elective)	3
<b>Systematic Theology</b>		
IPS 531	Christian Doctrine	3
IPS 402	Church and Mission	3
IPS 570	Introduction to Theology and Ministry	3

	(Systematic Theology Elective)	3
<b>Ethics</b>		
IPS 553	Moral Theology and Christian Ethics	3
IPS 512	Ethics, Pastoral Counseling, and Spirituality	3
<b>Christian Living</b>		
IPS 541	Liturgy and Christian Sacraments	3
IPS 545	The Foundations of Christian Spirituality	3
IPS 403	Spiritual Paths in World Religions	3
IPS 572	Ignatian Spirituality	3
<b>Ministerial Practice</b>		
IPS 560	Liturgical Leadership	3
IPS 565	Pastoral Leadership	3
IPS 564	Foundations of Pastoral Care	3
IPS 501	Advanced Human Relation Skills	3
IPS 428	Introduction to Spirituality Praxis	3
IPS 429	Essentials of Spiritual Direction	3
	(Ministerial Elective)	3
<b>Contextual Education</b>		
IPS 578	Contextual Education Preparation	0
IPS 579	Contextual Education Introduction	0
IPS 580	Contextual Education I	3
IPS 581	Contextual Education II	3
<b>Integration Project</b>		
IPS 593	Integration Project	0
<b>Total Hours</b>		<b>72</b>

Students must also complete 4 semesters of spiritual direction. The 30-day or 30-week version of the *Spiritual Exercises of Ignatius of Loyola* will count for 2 semesters of personal spiritual direction Spiritual\_Direction\_Confirmation\_Form ([https://www.luc.edu/media/lucedu/ips/pdfs/Spiritual\\_Direction\\_Confirmation\\_Form.pdf%20FormUpdate.pdf](https://www.luc.edu/media/lucedu/ips/pdfs/Spiritual_Direction_Confirmation_Form.pdf%20FormUpdate.pdf)).

## Graduate & Professional Standards and Regulations

Students in graduate and professional programs can find their Academic Policies in Graduate and Professional Academic Standards and Regulations (<https://catalog.luc.edu/graduate-professional-academic-standards-regulations/>) under their school. Any additional University Policies supercede school policies.

## Learning Outcomes

### M.Div (Master of Divinity)

By completing the Master of Divinity, students will be able to demonstrate:

- The ability to interpret pastoral circumstances in relation to scripture, tradition, and human sciences; (Theology/Religious Heritage).
- The ability to engage, transform, and/or critique social, economic, political, and ecclesial realities of our day in order to address the changing landscape of ministry. (Cultural Context)
- The ability to engage the relevant dimensions of Christian faith, discipleship and ministry with interpersonal, spiritual, and ecclesial maturity. (Maturity/Personal Formation)

- The ability to be present to the person and community's condition and environments by developing skills to discern and describe the ministry required; (Skills/Ministerial Leadership)
- The ability to construct ministerial vision and formulate ministerial strategies to effect personal and community transformation.