# **PUBLIC HEALTH (BA)**

The Public Health BA degree prioritizes the integration of a broader array of social and behavioral sciences alongside field-specific coursework that also incorporates content such as biology, epidemiology, and public health biostatistics. Our BAPH offers an interdisciplinary approach and is designed for non-pre-health professional students.

## **Related Programs**

#### Major

 Public Health (BS) (https://catalog.luc.edu/undergraduate/healthsciences-public-health/public-health-bs/)

#### Combined

 Public Health (BS/MPH) (https://catalog.luc.edu/undergraduate/ accelerated-bachelors-masters-program/public-health-bsmph/)

### **Curriculum**

The BA in Public Health (BAPH) program draws on courses in ethics, environmental sciences, biology, mathematics, healthcare administration, social sciences, and the humanities alongside epidemiology, biostatistics, health behavior and promotion, health communication, policy, and global health.

The BAPH degree has 72 credits, of which 12 credit hours are taken directly from the University Core, leaving 60 unique credit hours, which are spread across 51 credit hours of required courses and 9 credits of concentration elective credits. Students will take an additional 33 credits of University Core courses plus UNIV 101 (1 credit) and 14 general elective credits to achieve 120 credit hours.

Students in the BAPH program will select one of five elective concentrations of 9 credit hours each, which are springboards to numerous minors. These concentrations include: Gender, Sexuality & Health; Global Health; Health Equity & Social Justice; Policy & Advocacy and Program Management.

Title	Hours
Evolution of Human Disease	3
Epidemics and Pandemics	
Paleopathology	
Medical Anthropology & Global Health	
Liberal Arts Biology	3
Biological Background Human Social Behavior	
Human Biocultural Diversity	
Healthcare in America <sup>1</sup>	3
Fundamentals of Health Equity	3
Health Care Ethics	3
Ethics and Education	
Environmental Ethics	
Healthcare Ethics in Practice	
General Psychology	3
Introduction to Public Health	3
Health and the Environment	3
Fundamentals of Epidemiology	3
Health Behavior and Health Promotion <sup>1</sup>	3
	Evolution of Human Disease  Epidemics and Pandemics Paleopathology Medical Anthropology & Global Health Liberal Arts Biology Biological Background Human Social Behavior Human Biocultural Diversity Healthcare in America  Fundamentals of Health Equity Health Care Ethics Ethics and Education Environmental Ethics Healthcare Ethics in Practice General Psychology Introduction to Public Health Health and the Environment Fundamentals of Epidemiology

Total Hours		72
Elective Concentr	ration Courses (p. 1)	9
SOCL 122	Race and Ethnic Relations	3
or SOCL 301	Statistics for Social Research	
or PSYC 304	Statistics	
or PLSC 216	Political Numbers	
STAT 103	Fundamentals of Statistics	3
or PUBH 310	Public Health Internship	
PUBH 399	Public Health Capstone Experience <sup>1</sup>	3
or MGMT 201	Managing People and Organizations	
PUBH 391	Leadership and Public Health Entrepreneurship	3
PUBH 315	Public Health Advocacy	3
or HSM 210	Introduction to Global Healthcare Delivery	
PUBH 314	Global Public Health	3
PUBH 313	Community Assessment and Program Planning	3
PUBH 309	Introduction to Biostatistical Methods for Public Health	3
PUBH 307	Foundations of Public Health Policy <sup>2</sup>	3
PUBH 306	Critical Thinking in Public Health <sup>2</sup>	3
PUBH 305	Public Health Communication	3

<sup>&</sup>lt;sup>1</sup> This course satisfies the engaged learning requirement

<sup>2</sup> This course satisfies the writing intensive requirement

#### **Elective Concentrations**

#### Policy and Advocacy Concentration (9 credits)

Code	Title	Hours
Choose one cour	se from the following	3
COMM 230	Argumentation & Advocacy	
COMM 306	Environmental Advocacy	
PLSC 328	Political Behavior	
PUBH 391	Leadership and Public Health Entrepreneurship	
WSGS 370	Sexual Assault Advocacy	
Choose one of th	e following	3
CPST 335	Law and Regulations for Organizational Leaders	
ECON 329	Health Economics	
HIST 373	US Law & Public Policy	
PLSC 329	Interest Group Politics	
PLSC 334	Urban Policies and Problems	
PLSC 370	Fieldwork in Political Science-Internship	
PLSC 391	Chicago Politics	
PLSC 392	Environmental Politics	
URB 201	Social Welfare Policy & Services I	
Select one of the	following	3
COMM 200	Digital Communication and Society	
COMM 210	Principles of Public Relations	
COMM 211	Principles of Advertising	
COMM 213	Digital Foundations	
COMM 234	Interviewing for Communication	
COMM 277	Organizational Communication	
COMM 363	Research Methods in Advertising/Public Relation	าร

<sup>&</sup>lt;sup>3</sup> HSM 210 and PUBH 310 are also Engaged Learning Designated courses

•	Total Hours		9
	SOCL 258	Confronting Homelessness: Local to Global	
	PUBH 390	Special Topics: Public Health Intelligence	
	PUBH 310	Public Health Internship <sup>1</sup>	
	PLSC 236	Political Communication	
	MGMT 201	Managing People and Organizations	
	MARK 201	Principles of Marketing	
	ENVS 380	Introduction to Geographic Information Systems	
	DSCI 101	Fundamentals of Modern Data Science with R	

Students may take the PUBH 310 course if not already taken to meet the program requirement

**Program Management Concentration (9 credits)** 

Code	Title	Hours
Choose one cours	se from the following list	3
MGMT 201	Managing People and Organizations <sup>1</sup>	
MGMT 320	Leading and Managing Teams	
MGMT 360	Values-Based Leadership	
PUBH 391	Leadership and Public Health Entrepreneurship	
Choose two cours	ses from the following	6
ACCT 201	Introductory Accounting I	
CPST 320	Program Evaluation	
CPST 335	Law and Regulations for Organizational Leaders	
ECON 201	Principles of Microeconomics	
ECON 329	Health Economics	
ENVS 363	Sustainable Business Management	
ENVS 380	Introduction to Geographic Information Systems	;
FINC 301	Introductory Business Finance	
HSM 220	Post-Acute & Long-Term Care Management	
HSM 240	Healthcare Workforce Management and Professionalism	
HSM 310	Healthcare Project Management	
HSM 325	Healthcare Fiscal Management	
HSM 330	Healthcare Legal & Regulatory Environment	
HSM 345	Healthcare Data Analytics	
HSM 365	Health Innovation and Entrepreneurship	
HSM 368	Management of Healthcare Organizations	
IBUS 315	International Management	
MARK 201	Principles of Marketing	
MGMT 318	Organizational Development and Change	
MGMT 331	Managing Nonprofit Organizations	
MGMT 335	Micro-Enterprise Consulting	
PSYC 280	Psychology of Judgment and Decision-Making	
PSYC 373	Health Psychology	
PUBH 310	Public Health Internship <sup>1</sup>	
PUBH 390	Special Topics: Public Health Intelligence	
STAT 303	SAS Programming & Applied Statistics	
Total Hours		9

Students may take MGMT 201 if they haven't taken it for the program requirements. Student may take PUBH 310 if they haven't taken it for program requirements.

Gender, Sexuality and Health (9 credits)

Code	Title	Hours
Choose three cou	rses from the following	9
ANTH 106	Sex, Science and Anthropological Inquiry	
ANTH 203	Violence, Social Suffering, and Justice	
ANTH 245	Gender in Deep Time	
ANTH 307	The Body and Culture	
CJC 373	Intimate Partner Violence	
ENVS 204	Gender, Health & Environment	
HIST 290A	History of Sexuality in the United States	
MARK 312	Gender and Marketing	
PSYC 235	Psychology of Human Sexuality	
PSYC 238	Gender & Sex Differences & Similarities	
PUBH 310	Public Health Internship <sup>1</sup>	
SOCL 171	Sociology of Sex and Gender	
SOCL 210	Gender and Work	
SOCL 236	Population Studies	
WSGS 360	Migration, Identity, Sexuality	
WSGS 370	Sexual Assault Advocacy	
WSGS 380	Queer Theory: Beyond the Binary	
Total Hours		

Students may take the PUBH 310 course if not already taken to meet the program requirement

#### **Health Equity and Social Justice (9 credits)**

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C	ode	Title	Hours
С	Choose one course from the following		3
	ANTH 105	Human Biocultural Diversity	
	ANTH 203	Violence, Social Suffering, and Justice	
	ANTH 216	Cultures of Migration	
	CJC 376	Childhood Exposure to Violence	
	HIST 362	America in the Age of Slavery and Capitalism	
	HIST 385	Chicago in America	
	PLSC 316	Politics of Genocide	
	PLSC 334	Urban Policies and Problems	
	SOCL 250	Inequality in Society	
С	hoose one from	the following	3
	CJC 345	Social Justice and Crime	
	ENVS 284	Environmental Justice	
	PLSC 215	Politics of Marginalized Groups	
	PSYC 239	Understanding Bias and Inclusivity	
	PSYC 360	Understanding Prejudice	
	SOCL 125	Chicago: Urban Metropolis	
	SOCL 225	Sociology of Health Care	
	SOCL 228	Sociology of the African-American Experience	
	SOCL 261	Social Movements & Social Change	
	THEO 203	Social Justice and Injustice	

Choose one course from the following		
COMM 210	Principles of Public Relations	
COMM 213	Digital Foundations	
COMM 318	Public Relations Writing	
CPST 320	Program Evaluation	
ENVS 260	Environmental Journalism	
ENVS 380	Introduction to Geographic Information Systems	
HRER 301	Principles of HR Management	
HSM 365	Health Innovation and Entrepreneurship	
MGMT 331	Managing Nonprofit Organizations	
PUBH 310	Public Health Internship <sup>1</sup>	
PUBH 391	Leadership and Public Health Entrepreneurship <sup>1</sup>	
WSGS 370	Sexual Assault Advocacy	
Total Hours		

Students may take the PUBH 310 course if not already taken to meet the program requirement. Students may take PUBH 391 if they did not take it as a program required course.

#### **Global Health Concentration (9 credits)**

Code	Title	Hours
Choose one cour	se from the following list	3
ANTH 207	Economies, Culture, and Development	
ECON 325	Economics of Growth & Development	
GLST 305	Globalization and Environmental Sustainability	
PLSC 102	International Relations in an Age of Globalizatio	n
PLSC 213	International Human Rights	
PLSC 325	American Foreign Policy	
PLSC 330	Global Justice	
PLSC 333	Crossing Borders: The Politics of Immigration	
PLSC 354	Global Environmental Politics	
SOCL 252	Global Inequalities	
SOCL 265	Globalization & Society	
SOCL 306	International Development	
Choose two cours	ses from the following list	6
ANTH 203	Violence, Social Suffering, and Justice	
ANTH 213	Culture in Africa	
ANTH 258	Medical Anthropology & Global Health <sup>1</sup>	
ANTH 317	Ethnographic Methods	
COMM 272	Intercultural Communication	
ENVS 380	Introduction to Geographic Information Systems	S
ENVS 385	Introduction to Global Health	
IBUS 315	International Management	
PLSC 317	Politics of International Health	
PLSC 356	Intervent in World Politics	
PUBH 310	Public Health Internship <sup>1</sup>	
PUBH 391	Leadership and Public Health Entrepreneurship	1
SOCL 236	Population Studies	
SOCL 278	Global Health	
Total Hours		9

<sup>1</sup> Students may take ANTH 258 if they did not take it as a program requirement. Students may take PUBH 391 if they didn't take it as a

program requirement. Students may take PUBH 310 if they did not take it as a requirement.

## **Suggested Sequence of Courses**

The below sequence of courses is meant to be used as a suggested path for completing coursework. An individual student's completion of requirements depends on course offerings in a given term and the courses they individually select as well as the start term for a major or graduate study. Students should consult their advisor for assistance with course selection.

Course Year 1 Fall	Title	Hours
HSM 110	Healthcare in America	3
PSYC 101	General Psychology	3
Spring	Hours	6
BIOL 110	Liberal Arta Piology	3
or ANTH 103 or ANTH 105	Liberal Arts Biology or Biological Background Human Social Behavior or Human Biocultural Diversity	3
STAT 103 or PLSC 216 or PSYC 304 or SOCL 301	Fundamentals of Statistics or Political Numbers or Statistics or Statistics for Social Research	3
	Hours	6
Year 2		
Fall		
HSM 230	Fundamentals of Health Equity	3
PUBH 300	Introduction to Public Health	3
	Hours	6
Spring		
PHIL 284	Health Care Ethics	3
or PHIL 286	or Ethics and Education	
or PHIL 287 or HSM 280	or Environmental Ethics or Healthcare Ethics in Practice	
PUBH 305	Public Health Communication	3
1 0011 303	Hours	6
Year 3	nouis	U
Fall		
PUBH 304	Health Behavior and Health Promotion	3
PUBH 306	Critical Thinking in Public Health	3
SOCL 122	Race and Ethnic Relations	3
PUBH 301	Health and the Environment	3
Elective Concentratio	n Course #1	3
	Hours	15
Spring		
PUBH 309	Introduction to Biostatistical Methods for Public Health	3
PUBH 313	Community Assessment and Program Planning	3
PUBH 391 or MGMT 201	Leadership and Public Health Entrepreneurship or Managing People and Organizations	3

<b>Elective Concentrat</b>	ion Course #2	3
	Hours	12
Year 4		
Fall		
PUBH 303	Fundamentals of Epidemiology	3
PUBH 307	Foundations of Public Health Policy	3
PUBH 314	Global Public Health	3
or HSM 210	or Introduction to Global Healthcare Delivery	
<b>Elective Concentrat</b>	ion Course #3	3
	Hours	12
Spring		
ANTH 353	Epidemics and Pandemics	3
or ANTH 359	or Paleopathology	
or ANTH 258	or Medical Anthropology & Global	
or ANTH 280	Health	
	or Evolution of Human Disease	
PUBH 315	Public Health Advocacy	3
PUBH 310	Public Health Internship	3
or PUBH 399	or Public Health Capstone Experience	
	Hours	9
	Total Hours	72

### **Undergraduate Policies and Procedures**

Please see Undergraduate Policies and Procedures (https://catalog.luc.edu/academic-standards-regulations/undergraduate/) for academic policies that supersede those of academic units within the University.

### **Learning Outcomes**

- Demonstrate a thorough understanding of public health frameworks, core principles, and scientific foundations, including the fields of epidemiology, biostatistics, environmental health, and health behavior, to effectively apply this knowledge in addressing health challenges.
- Analyze the impact of social, economic, behavioral, and environmental factors on public health, particularly among marginalized communities, and identify root causes of health disparities to promote health equity.
- Apply techniques to conduct and assess public health interventions that address community needs and promote social justice.
- Communicate effectively to convey public health information clearly to diverse audiences, influence policy, and engage in communitybased initiatives for promoting health equity and social justice.